

Ready for School. Set for Life.

Partnering with parents and families to help all children stay healthy and succeed in school.



Parent Guide to First Things First Funded Programs on the Navajo Nation

Contact

Do you have parenting questions or need advice?

Birth to Five Helpline

Helps families with young children get free answers to their toughest parenting questions.

Southwest Human Development
1-877-705-KIDS (5437)

Are you a parent or caregiver looking for resources and support?

Nihiyazhi Ba'it'ih Home Visitation Program

Gives young children stronger, more supportive relationships with their parents through in-home services on a variety of topics, including parenting skills, early childhood development, literacy, etc. Connects parents with community resources to help them better support their child's health and early learning.

**Northern Arizona University
Institute for Human Development**
928-523-8339
Linda Morrison

Do you need to keep you or your child well?

Public Health Nutrition Food Security Program

Improves the health and nutrition of children 5 and younger and their families.

Tsehootsoi Medical Center
928-729-8489

Are you seeking quality child care for your infant or toddler?

Quality First Child Care Scholarships

Helps low-income families afford a better educational beginning for their children while parent attends school.

*Parent of child must be a permanent Navajo Nation resident temporarily living off tribal lands.

Valley of the Sun United Way
602-631-4888
Jackie Keller
www.navajonationscholarships.org

First Things First Navajo Nation Regional Partnership Council

For more information contact:

Melissa Begay, Regional Director at mbegay@azftf.gov or

Memarie Tsosie, Community Outreach Coordinator at mtsosie@azftf.gov or 928-810-4306



